



**Teams
Practices
Competition
Rules
Coaching**

USA Bowling Developmental Program Available at Fireside Lanes

WHAT IS USA BOWLING?

USA Bowling is a new program designed to introduce the sport to your community by using a more mainstream model for youth bowling. Bowling is a lifelong sport that provides fun, physical exercise, team involvement, scholarships and much, much more. More than 20 million youth bowl nationwide, yet often they forget about the fun of organized play.

HOW DOES USA BOWLING WORK?

USA Bowling is a team program for 8-12 year olds. The program lasts eight weeks (beginning Oct. 9th 2010) and is intended to teach participants the fundamentals of bowling and life skills. Each team will have four players and a qualified coach. Every coach will be USBC Certified.

GOALS OF USA BOWLING

- (1) PROVIDE AN ORGANIZED, TEAM-BASED ENVIRONMENT TO LEARN AND PLAY
- (2) TEACH A SPORT THAT LASTS A LIFETIME
- (3) DEVELOP SOCIAL SKILLS AND ENCOURAGE TEAMWORK
- (4) CREATE A FUN AND COMPETITIVE NON-THREATENING ENVIRONMENT TO BUILD SELF-ESTEEM

WHAT IS THE COST?

The program cost is \$99 for the 8 week program, which includes USBC Youth Basic membership, program supplies, practice time on lanes, competition team play, a personal bowling shirt, pizza party and trophy.

HOW DO I SIGN UP?

This program is available through **FIRESIDE LANES**. Talk to the employee at the front counter about joining or call FIRESIDE LANES at (916) 725-2101 and ask for Debbie Haggerty.

FIRESIDE LANES
7901 Auburn Blvd.
Citrus Heights, Ca 95610

******SIGN UP NOW!!******

Bring this flier in for
2 free games
FIRESIDE LANES
Shoe rental **not** included

Player's Name: _____ Birthdate: _____ Gender: M F (circle one)

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____ Medical Condition (if any): _____

PARENT OR LEGAL GUARDIAN INFORMATION

Parent/Guardian Name(s): _____ Work Phone: _____ Cell: _____

E-mail: _____ Emergency Contact Information: _____

CONSENT AND RELEASE - I certify that to the best of my knowledge that I, or my child, is in good health and is capable of participating in USA Bowling 12 and under developmental program. I, as the parent or guardian of the player listed on this form, hereby for myself, my heirs, executors, and assigns do waive and release any and all claims and rights for damages, liability, actions, and causes of actions whatsoever, arising out of or related to any loss, damages, or injury, including death, that may be sustained while participating in the USA Bowling 12 and under developmental program. I agree to indemnify and hold harmless USA Bowling, the bowling proprietor, coaches, and all other volunteers from any and all legal action arising from my, or my child's participation in the developmental program. I, the undersigned, am duly aware of the risks and hazards inherent upon participating in said events. I hereby certify that I have read and understand this consent and release form.

Signed: _____ Date: _____